

# KANYASHREE UNIVERSITY

Master of Social Work 4<sup>th</sup> Semester Examination-2023

Subject: Social Work

Course-CC 17

Counselling: Theory and Practice

Full Marks-40

Time-2.00 Hours

## Group-A

[Answer **any four** of the following]

[5x4=20]

1. Define counselling. What are its characteristics? [2+3]
2. State the important goals of counselling. [5]
3. Write a brief note on approaches to counseling process. [5]
4. Illustrate with examples, any two principles of counselling. [2.5+2.5]
5. List out and explain various steps of counseling process. [5]
6. What is professional burnout? Explain it with example. [2+3]
7. Discuss how Psychoanalytic theory can be used in counselling process. [5]

## Group-B

[Answer **any two** of the following]

[10x2=20]

1. Enumerate and discuss the essential qualities of a professional counsellor. [10]
2. What is crisis intervention? Illustrate how crisis intervention theory can be used in counselling process. [3+7]
3. Discuss the philosophical foundations of counselling. [10]
4. Narrate the salient features of Rational Emotive Behaviour Therapy [REBT] used in counseling process. [10]

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