

KANYASHREE UNIVERSITY

M.Sc. 4th Semester Examination-2023

Subject: Food & Nutrition

Course- DSE II

Maternal Nutrition

Full Marks-40

Time-2.00 Hours

Group A

[Answer **any four** of the following]

(5×4=20)

Write short note on:

1. Weight gain during pregnancy and its consequences.
2. Foetal Alcohol Syndrome
3. Adolescent Pregnancy
4. Let down reflex
5. Toxaemia in Pregnancy
6. Antenatal Care
7. Anorexia Nervosa and Bulimia Nervosa

Group B

[Answer **any two** of the following]

(10×2=20)

1. Explain the physiological changes and the RDA for pregnant women. [5+5]
2. Give the nutrient requirements for a woman in the 0-6 months of lactation. Comment on the effect of malnutrition on lactation performance. [5+5]
3. Write a short note on Multifetal Pregnancy. Discuss the significance of physical activity during pregnancy. [5+5]
4. Define Artificial feeding. What are complementary foods? What points / principles you will keep in mind while preparing complementary foods? [2+3+5]
