

KANYASHREE UNIVERSITY

MA 3rd Semester Examination-2022

Subject: Education

Course- DSE

Guidance and Counselling

Full Marks-40

Time-2.00 Hours

Group-A

[Answer **any two** questions of the following]

(2 x10=20)

1. What are the main Principles of Counselling? How do the principles of counseling help in Effective Counselling? 5+5
2. What are the main concerns of Rational Emotive Behaviour Therapy (REBT)? What techniques are used in REBT? 4+6
3. What is HOSPICE Care? Explain the four levels of HOSPICE Care? 4+6
4. What are the long term effects of chronic stress? Why is chronic stress dangerous? Write about the Stress Management Techniques. 3+2+5

Group-B

[Answer **any four** questions of the following]

(4x5=20)

- 5) Discuss in brief the different types of Guidance.
- 6) What are the needs of vocational guidance programme?
- 7) Write in brief the main aspects of Behaviouristic theory of Counselling.
- 8) Write a short note about Career Conference.
- 9) What does a HOSPICE evaluation consist of?
- 10) What is the major classification of Stress?
- 11) How Visual Aids are used in educational guidance?
